

HOT FRUIT COMPOTE

2 medium tart apples, peeled and cubed
1 can (20 oz.) unsweetened pineapple chunks, drained
1 can (15 oz.) reduced-sugar sliced peaches, drained
1 can (15 oz.) reduced-sugar sliced pears, drained
1 can (16 oz.) whole-berry cranberry sauce
¼ cup packed brown sugar
1 tsp. ground cinnamon
¼ tsp. ground ginger
¼ tsp. ground cloves

In a 2 qt. baking dish coated with non-stick cooking spray, combine the apples, pineapple, peaches, and pears. In a small bowl, combine the cranberry sauce, brown sugar, cinnamon, ginger and cloves. Stir into fruit mixture. Cover and bake at 350° for 45-55 minutes or until bubbly.

Serves: 12