

HONEY- GLAZED CARROTS
(Cooking Light Annual Recipes 2006)

1-1/2 quarts water
1 – 32 oz. pkg. whole baby carrots
3 tbsp. chopped fresh parsley
2 tbsp. honey
½ tsp. salt
½ tsp. grated orange rind
¼ tsp. freshly ground black pepper

Bring water to boil in a medium saucepan. Add carrots, cook 15 minutes or until tender. Drain well. Place carrots and remaining ingredients in a large bowl; toss gently.

Yield: 8 servings